

Safeguarding Bulletin



Anti-Bullying Week 12th to 18th November 2018

'Choose Respect over Bullying'



What is Anti-Bullying Week about? Anti-Bullying week highlights the issue of bullying and asks people of all ages, in all positions, to take action against bullying at all times. The theme chosen for this year is 'Choose Respect Over Bullying' it has emerged that a top priority is showing that bullying is a behavior choice, and that everyone can set a positive example by opting to respect each other, in their homes, in communities, at college and online.

What is Bullying? Bullying can happen to any person at any age and can take many forms, they include: Name calling, teasing, hitting or causing pain to you physically, taking your possessions or money against your will, intimidating or making you feel threatened or making you feel isolated or excluding you purposefully, telling lies or spreading rumors via text or social media or in person. There are also specific bullying types which include: **Racist bullying, Homophobic bullying, Sizeist bullying, Ageist bullying and Sexist bullying.** There are many other forms of bullying not covered in this list but are equally important.

What Can I do if I am affected by Bullying or I am worried that someone I know is affected by Bullying? If you need advice about bullying you can call in to the Pod on the ground floor reception at the Balliol Centre. The team are all trained listeners and can advise you on the best way to deal with any concerns that you have. If you are not sure about speaking to the team straight away, talk to any of your tutors, SPC or anyone you are comfortable with and they can assure you about visiting the Pod and can accompany you to make sure that you feel safe and comfortable when you speak to us for the first time. Or you can refer on line via the Safeguarding Button on your desk top.

Hugh Baird College are currently running the BIG survey from 5th of November to Friday the 16th of November, we will need students to complete the BIG Award survey to identify trends and issues around bullying. This is the link to use please: <https://www.surveymonkey.co.uk/r/NYCQD7P>

Question 1 asks for our code. If we could use HBC2018 and then your students' area such as HBC2018HSC for Health and Social Care, or HBC2018VE for Visitor Economy, that would be helpful. Last year we had 192 respondents. Please ensure that we have more this year. Thank you for your help with this.

by wearing your odd socks on Monday 12th November 2018